

## Philadelphia, CDC Quarantine Station Newsletter: (4 May - 10 May 2020)

Welcome to Philadelphia Quarantine Station's COVID-19 weekly newsletter. The purpose of this newsletter is to provide all our partners in the Tri-state area with the latest [CDC](#) guidance about the COVID-19 pandemic. COVID-19 is a respiratory infectious disease caused by the coronavirus [SARS-CoV-2](#), it is ranging from mild [symptoms](#) to severe disease.

Some people are at a higher risk of getting serious illness when they have COVID-19, [WHO](#). There is currently no vaccine to prevent COVID-19. The best way to prevent [COVID-19](#) is to avoid being exposed to the virus. The following guidelines help prevent and minimize the risk of getting infected by COVID-19 [WHO](#):

- Wash hands: for at least 20 seconds with soap and water frequently.
- Social distancing: maintaining at least 6 feet distance from people who are sick.
- Cover mouth and nose: with a mask or a cloth cover when around others.
- Clean: cleaning and disinfecting surfaces daily.

Clusters of positive cases have been noted in congregate settings including nursing homes, behavioral health and correctional facilities. The following links provide more information on the most recent daily updates about COVID-19 [Philadelphia](#), [Pennsylvania](#), [Delaware](#), [New Jersey](#).

COVID-19, Numbers as of 5/04/2020:		
Location	Confirmed positive COVID-19 cases	Deaths due to COVID-19
Philadelphia	15,854	727
Pennsylvania	50,092	2,458
Delaware	5,208	177
New Jersey	128,269	7,910
Nationally	1,122,486	65,735

[Cases of OVID-19](#)  
[Source: CDC](#)

### COVID-19 Updates

- o All partners: Please check the CDC's guidance on [Opening Up America Again](#) and learn more about the [symptoms](#) of COVID-19.
- o Pennsylvania and New Jersey Partners: check guidance on [process to reopen Pennsylvania](#) and [New Jersey](#).
- o All Public Health partners: continue to check [cleaning and disinfecting](#) guidance on the CDC website.
- o Airlines and Airlines Crew: continue to check the for more guidance on COVID-19 for [customer service](#) and gate agents.
- o Correctional and Detention Facilities: more [guidance](#) on COVID-19 is available on the CDC website.
- o Maritime operations: remember to look for the latest [CDC](#) guidance about COVID-19.
- o Homeless Services Providers: more guidance for [homeless](#) services and COVID-19 is available on the CDC website.
- o Infrastructure workers: [Infrastructure workers](#) link has the CDC Guidance for implementing safety practices for critical infrastructure workers who may have had exposure to a person with Suspected or Confirmed COVID-19

### Partners: remember to practice CDC's RING guidance



#### RECOGNIZE ILL TRAVELER

**ISOLATE:** separate ill person >6 feet from others

**NOTIFY:** if situation is life threatening call EMS, alert supervisor, call CDC quarantine station.

**GIVE SUPPORT** follow instructions of supervisor and CDC quarantine station staff.

[CDC Philadelphia Quarantine Station](#)

[Phone Number: \(215\) 365-6401](tel:2153656401)

#### RECOGNIZE ILL TRAVELER

Look, listen, or ask for signs and symptoms of illness.

Alert supervisor or any traveler who:

Says he or she has a **FEVER**

**AND**

Reports having, or is observed with, **ONE or more of** the following conditions: Skin rash, persistent cough, difficulty breathing, persistent diarrhea, persistent vomiting, headache with stiff neck, new unexplained bruising or bleeding, decreased level consciousness or confusion of recent onset, appears obviously unwell.

#### [COVID-19 Testing Information:](#)

Philadelphia: [Testing](#)    Pennsylvania: [COVID-19](#)  
 Delaware: Call 866-408-1899, TTY at 7-1-1 email: [HCall@Delaware.org](mailto:HCall@Delaware.org)  
 South Jersey: [njpba.adlabscovidtest.com](http://njpba.adlabscovidtest.com)

More information at: [www.cdc.gov](http://www.cdc.gov) [PA COVID-19](#) [www.who.org](http://www.who.org)